



Saying Grace: Blessings for the Family Table

By Sarah McElwain

Chronicle Books. Hardback. Book Condition: new. BRAND NEW, Saying Grace: Blessings for the Family Table, Sarah McElwain, Offering thanks for our daily bread is just about universal. This collection of 120 mealtime blessings spans the globe and reaches back hundreds of years to include a wide range of sentiments, from the amusing to the heartfelt to the sacred. A Chinese proverb gives us this reminder, "When eating bamboo shoots, remember the man who planted them." The Irish lyrically ask that "the sweet light within you guide you on your way." And for those who like to cut to the chase, there's "Good bread, good meat, good God, let's eat." What they have in common is a joyous and heartwarming appreciation for life's bounty. Beautifully illustrated, these pages offer those gathered around the table time-honored words of gratitude. In the words of a 19th century blessing, "May others all these blessings share, and hearts be grateful everywhere."



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Reviews

This written publication is wonderful. It really is loaded with knowledge and wisdom You will not really feel monotony at at any time of your time (that's what catalogues are for relating to if you ask me).

-- **Desmond Becker**

Absolutely essential go through publication. I am quite late in start reading this one, but better then never. You will not feel monotony at at any time of the time (that's what catalogues are for regarding if you ask me).

-- **Ambrose Thompson II**