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Good Grub: Making the Most of the Garden's Edible Gifts (Paperback)

By Grub

Createspace, United States, 2012. Paperback. Book Condition: New. 235 x 190 mm. Language: English . Brand New Book ***** Print on Demand *****.Welcome to Backyard Gardening and Home Cooking! At GRuB, we believe that good food is a basic human right. Growing, eating and gathering around healthy food is a simple and powerful way to connect people to each other and to important work in our community. We hope you, your family, and your neighbors see your garden as the beginning of a new way to build connections with one another. As your seeds sprout and grow into hearty vegetables and you harvest the fruits of your labor together, you can look forward to cooking delicious meals using some of the fabulous recipes we've compiled in this cookbook. The proceeds from this book will go to support our work with low-income youth and families in our community. Happy Cooking! Love, GRuB WHAT'S INSIDE: Overrun with zucchini? Too many tomatoes? Wondering how that innocent package of seeds or those vegetable starts turned into the bushels of produce filling your garden? Have no fear. GOOD GRuB will help you take advantage of your garden's bounty. Packed with 240 tasty...



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