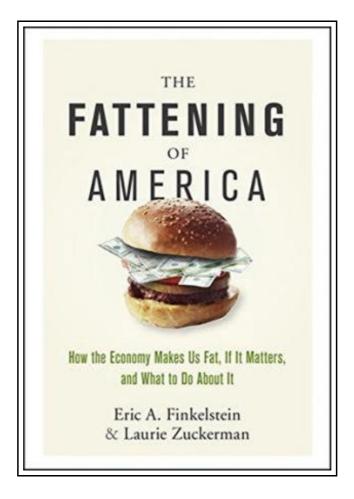
# The Fattening of America: How The Economy Makes Us Fat, If It Matters, and What To Do About It



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#### Reviews

This ebook is amazing. It is one of the most awesome pdf i have got read through. Your way of life span will probably be transform as soon as you comprehensive looking over this pdf. (Lula Graham IV)

# THE FATTENING OF AMERICA: HOW THE ECONOMY MAKES US FAT, IF IT MATTERS, AND WHAT TO DO ABOUT IT



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Wiley, 2008. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Introduction: Answering the Age-Old Question: Why Is Uncle Al So Fat? Chapter 1 Craze or Crisis? So Why Now? My Soccer Team Eats Oranges. So How about Adults? Are We Gaining, Too? A Growing Waistline Can Be Bad for Your Health. But Are We the Only Ones Gaining Weight? The Longer You Stay, the Bigger You Get. Chapter 2 I'll Take a Deep-Fried Coca-Cola. First Things First. Cheap Food Gets Cheaper. The Rise of French-Fried Potatoes. Please Pass the High-Fructose Corn Syrup. A Full Pound of Sausage, Bacon, and Ham: Have a Meaty Morning. Too Much of a Good Thing. Kids Are Also Drinking the Kool-Aid. When Is Enough Enough? Chapter 3 Why We're Moving Less (Hint: It's Not Just the La-Z-Boy). But I Don't Have Time! Not Quite the Jetsons, But . . . . Just Be a Marathon Runner. We're Not Farmers Anymore. Sprawling Out. Our Kids Are Also Slowing Down. Wrapping It Up. Chapter 4 So Where Else Can We Lay the Blame? Blame Mom and Dad. Then Just Blame Mom (You Know You Will Anyway). Blame the Meds. Blame the Cigs (One More Theory Goes Up in Smoke). Blame the All-Nighter. Blame the Air Conditioner (Not Cool). Blame Pollution (It's a Dirty Business). Blame That Nasty "Fat Bug". It's the Economy, Stupid. Chapter 5 Beware: Moral Hazard. Just Bill My Health Insurance. Is Obesity as Bad as It Used to Be? Just Take a Pill or Get a Procedure. Chapter 6 So We're Fat-Who Cares? Is Uncle Al Overweight? C'mon Now, We're Only Utility Maximizing. Now, Let's Tear This Argument Apart (and Put It Back Together). So Should Dad (and the Government) Care that Uncle Al Is Obese? Just Follow...

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